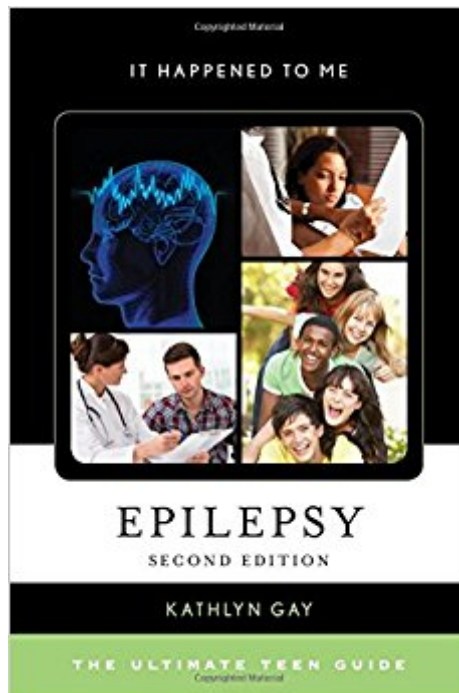


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# Epilepsy: The Ultimate Teen Guide (It Happened To Me)



## Synopsis

According to recent statistics, at least 50 million people worldwide have epilepsy, including more than 5.1 million Americans. Because there are so many different types of epilepsy—each with its own behavioral effects and treatment—it can be overwhelming for teens to handle. They need a reliable resource to guide them as they navigate the challenges of their condition. In *Epilepsy: The Ultimate Teen Guide*, Kathlyn Gay dispels the myths, misconceptions, and misunderstandings about epilepsy and people who have the disorder. The second edition of this book provides up-to-date, positive, factual medical information and advice for young people and their families about how to live a normal life with epilepsy. Topics covered in this book includesymptoms of epilepsysigns and factors that precipitate seizuretreatment methodsmedicationsmanagement strategiesReal-life examples from teens who have epilepsy help readers understand how they can participate in normal activities. These teens also offer advice on how to tell friends, dates, teachers, or employers about the condition. *Epilepsy: The Ultimate Teen Guide, Second Edition* concludes with extensive lists of publications, websites, and organizations to help those with a diagnosis prepare for a hopeful future.

## Book Information

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## Customer Reviews

Kathlyn Gay has written more than 120 books and articles. She is the author of several titles in the *It Happened to Me* series for Rowman & Littlefield, including *Cultural Diversity* (2003), *Volunteering* (2004), *The Military and Teens* (2008), *Body Image and Appearance* (2009), *Living Green* (2012),

Bigotry and Intolerance (2013), Divorce (2014), and Activism (2016).

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